

Forward Food Challenge Menu Planner for Greenhouse Gas Assessment

Please complete the menu planner below to the best of your ability and return to your Humane Society of the United States coordinator. Please submit your menu planner before the end of the challenge (November 19th). This menu planner is intended to assist you in planning your plant-forward menu changes and to assist us in calculating your greenhouse gas savings.

Your name:

Your institution name:

Week 1 Dates (select the appropriate dates)	Meat-based dish you're replacing (select from drop down menu below)	Approximate portion size of the meat in this dish (oz)	Plant-based dish you're using instead	About how many servings (number of dishes) do you expect to serve

Week 2 Dates (select the appropriate dates)	Meat-based dish you're replacing (select from drop down menu below)	Approximate portion size of the meat in this dish (oz)	Plant-based dish you're using instead	About how many servings (number of dishes) do you expect to serve

Week 3 Dates (select the appropriate dates)	Meat-based dish you're replacing (select from drop down menu below)	Approximate portion size of the meat in this dish (oz)	Plant-based dish you're using instead	About how many servings (number of dishes) do you expect to serve