

# Broccoli Salad

A HEALTHY, DELICIOUS, PLANT-BASED RECIPE

Servings: 8-10

Ingredients	Quantity	Measure
Fresh broccoli, cut into florets	1	head
Red onion, sliced	½	cup
Non-dairy cheddar cheese	½	cup
Raisins	½	cup
Egg-free mayonnaise	1	cup
Sugar	¼	cup
Vinegar	2	tablespoons
Almond milk	1	cup
Cherry tomatoes, halved	½	cup

## Preparation

1. Toss broccoli, red onion, raisins and cheddar cheese together. Set aside.
2. In a separate bowl whisk mayonnaise, milk, sugar and vinegar. Pour over broccoli mixture. Toss well.
3. Top with cherry tomatoes.

## Nutrition Information

\*From USDA Nutrient Database

Calories: 243 Total Fat: 19g Saturated Fat: 2g Carbohydrate: 17g Protein: 1g Sodium: 217mg  
Vitamin A: 14µg Vitamin C: 32mg Calcium: 25mg Iron: 1mg Folic Acid: 25µg