

Cost Savings Analysis

Choosing to serve more plants and less meat will help you save more money.

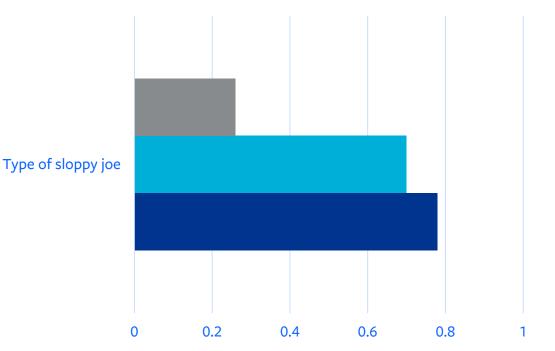




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Sloppy Joes Cost Savings



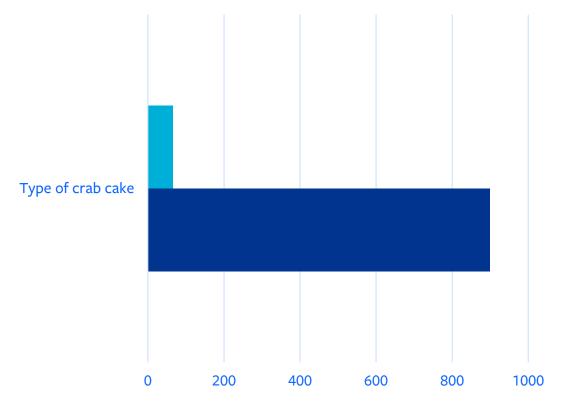
- Cost in ¢ for 4oz. lentils
- Cost in ¢ for 4oz. lentils+beefless crumbles
- Cost in ¢ for 4oz. lean ground beef

Sloppy Joes

By choosing to use lentils instead of lean ground beef, you can save 52¢ per 4oz. serving!



Crab Cakes Cost Savings



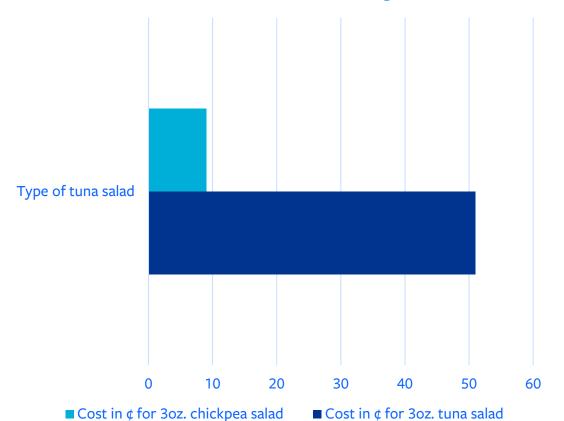
■ Cost in ¢ for 3oz. hearts of palm ■ Cost in ¢ for 3oz. lump crab meat

Crab Cakes

By choosing to use hearts of palm instead of lump crab meat, you can save \$8.34 per 3oz. serving!



Tuna Salad Cost Savings

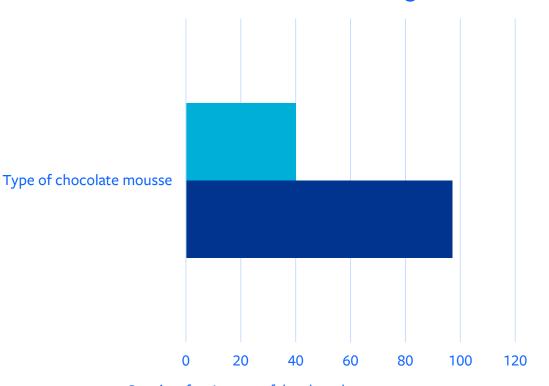


Tuna Salad

By choosing to use chickpeas instead of tuna, you can save 42¢ per 3oz. serving!



Chocolate Mousse Cost Savings



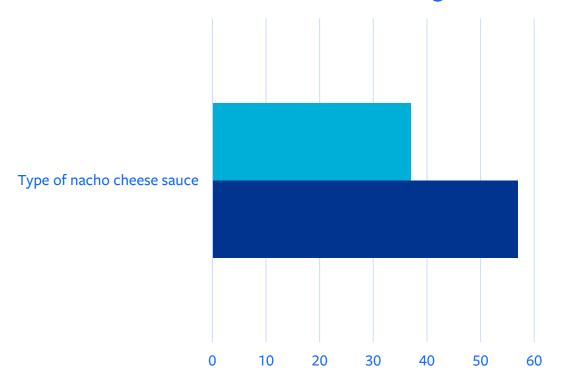
- Cost in ¢ for 4oz. aquafaba chocolate mousse
- Cost in ¢ for 4oz. traditional chocolate mousse

Chocolate Mousse

By choosing to use aquafaba instead of dairy products, you can save 57¢ per 4oz. serving!



Nacho Cheese Sauce Cost Savings



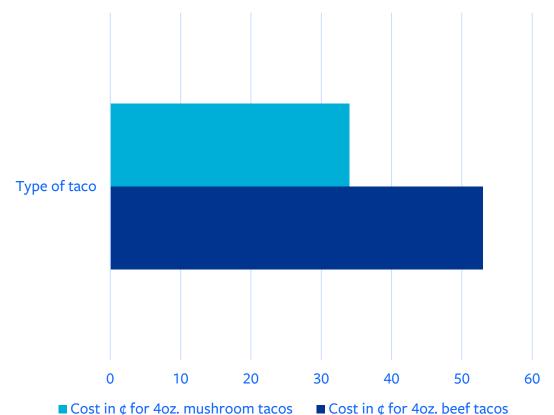
- Cost in ¢ for 4oz. nacho cheeze sauce with potatoes and carrots
- Cost in ¢ for 4oz. nacho cheese sauce

Nacho Cheese Sauce

By choosing to use potatoes and carrots instead of dairy products, you can save 20¢ per 4oz. serving!



Taco Cost Savings

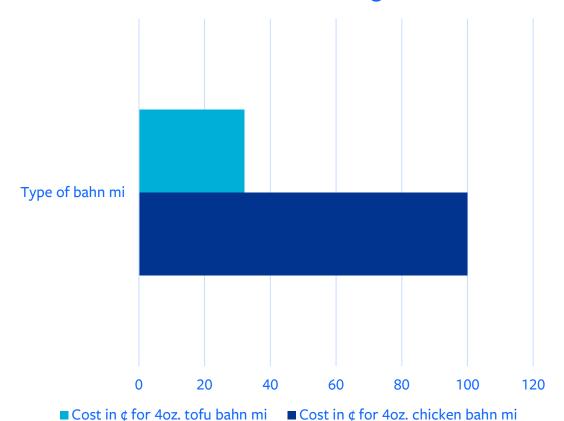


Tacos

By choosing to use mushrooms instead of beef, you can save 19¢ per 4oz. serving!



Bahn Mi Cost Savings

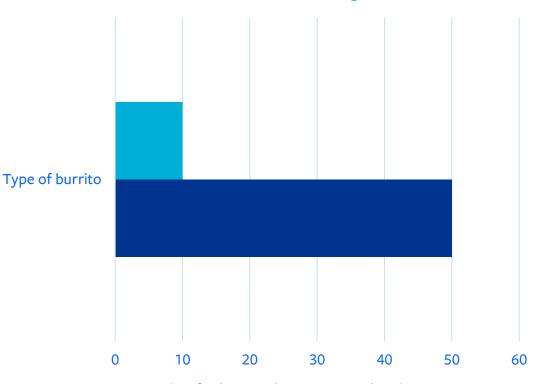


Bahn Mi

By choosing to use tofu instead of chicken, you can save 68¢ per 4oz. serving!



Burrito Cost Savings



- Cost in ¢ for bean and sweet potato burrito
- Cost in ¢ for beef and rice burrito

Burrito

By choosing to use beans and sweet potatoes instead of beef and rice, you can save 40¢ per serving!



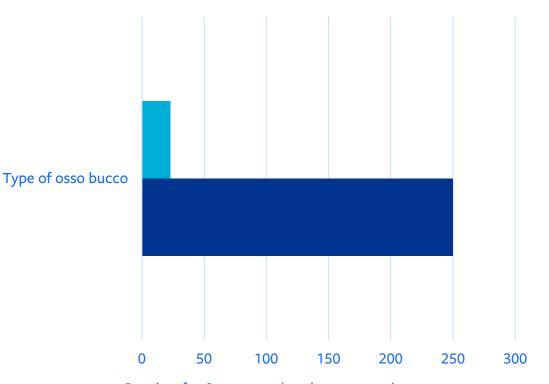
Curry Cost Savings Type of curry 0 100 200 300 400 500 600 ■ Cost in ¢ for potato chickpea curry ■ Cost in ¢ for lamb curry

Curry

By choosing to make a spicy potato chickpea curry instead of a lamb curry, you can save \$4.86 per serving!



Osso Bucco Cost Savings



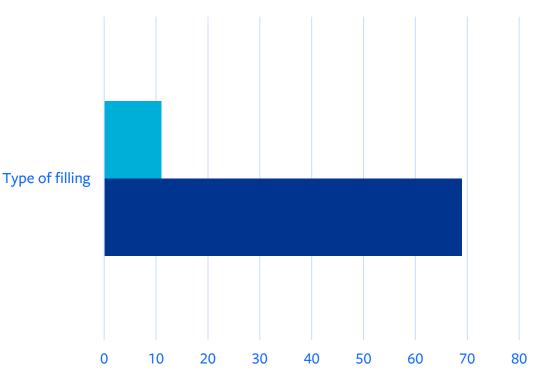
- Cost in ¢ for 8 oz. carrot/mushroom osso bucco
- Cost in ¢ for 8oz. veal osso bucco

Osso Bucco

By choosing to use carrots and mushrooms instead of veal, you can save \$2.27 per 8oz. serving!



Eggplant Rollatini Cost Savings



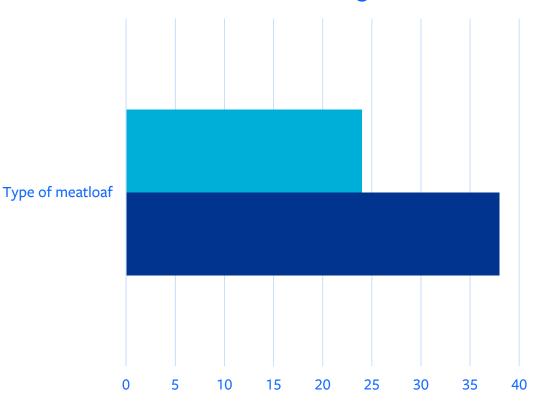
- Cost in ¢ for 1oz. red pepper hummus filling
- Cost in ¢ for 1oz. ricotta filling

Eggplant Rollatini

By choosing to use red pepper hummus instead of ricotta, you can save 58¢ per 1oz. serving!



Meatloaf Cost Savings



■ Cost in ¢ per slice for plant-based meatloaf ■ Cost in ¢ per slice meatloaf

Meatloaf

By choosing to use oats and vegetables instead of animal products, you can save 14¢ per slice!



Wrap Cost Savings Type of wrap

40

60

80

■ Cost in ¢ per chicken wrap

100

120

20

■ Cost in ¢ per black bean wrap

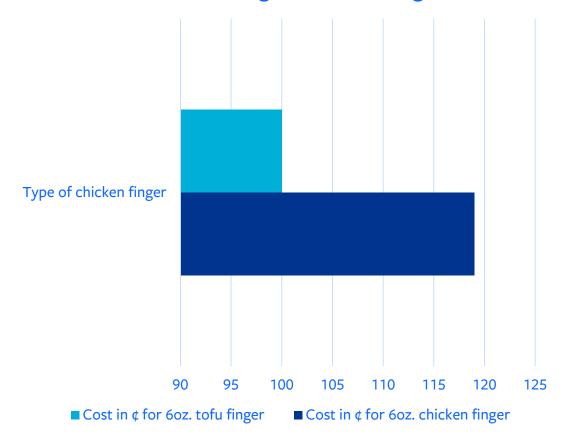
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Wraps

By choosing to use black beans instead of deli chicken, you can save 85¢ per wrap!



Chicken Fingers Cost Savings

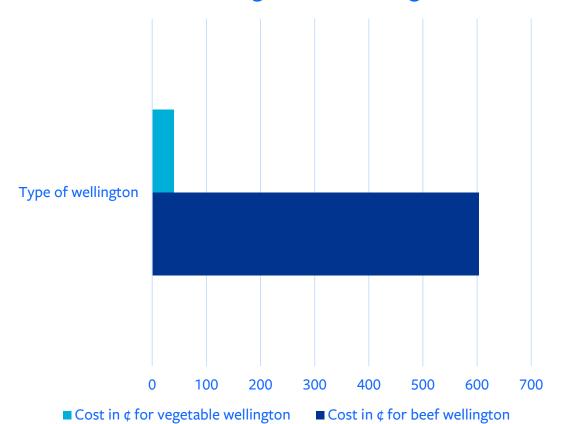


Chicken Fingers

By choosing to use tofu instead of chicken, you can save 19¢ per 6oz. serving!



Beef Wellington Cost Savings

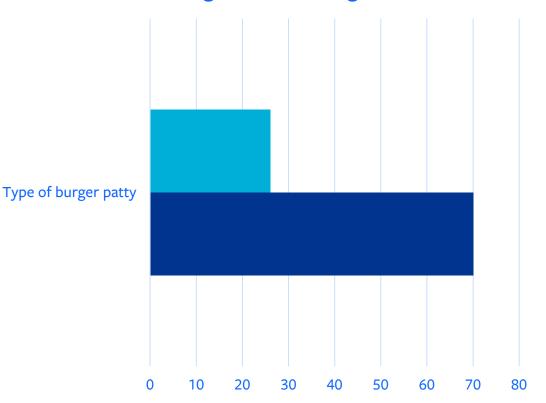


Beef Wellington

 By choosing to use vegetables instead of beef, you can save \$5.63 per slice!



Burger Cost Savings



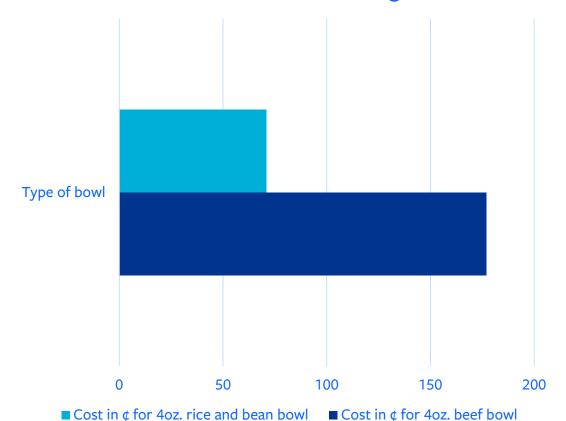
■ Cost in ¢ for 4oz. black bean burger ■ Cost in ¢ for 4oz. hamburger patty

Burger Patty

 By choosing black bean burgers instead of frozen hamburger patties, you can save 44¢ per 4 oz. serving!



Fiesta Bowl Cost Savings

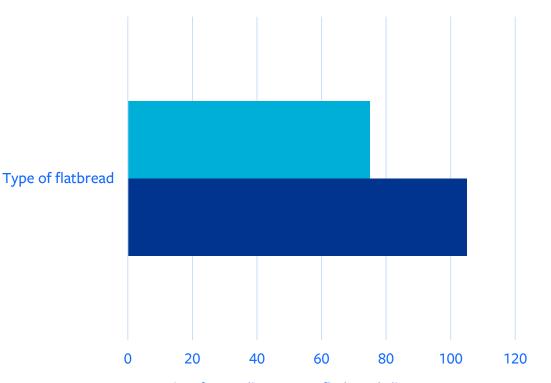


Fiesta Bowl

By choosing rice and black beans instead of beef, you can save \$1.06 per 4 oz. serving!



Flatbread Cost Savings



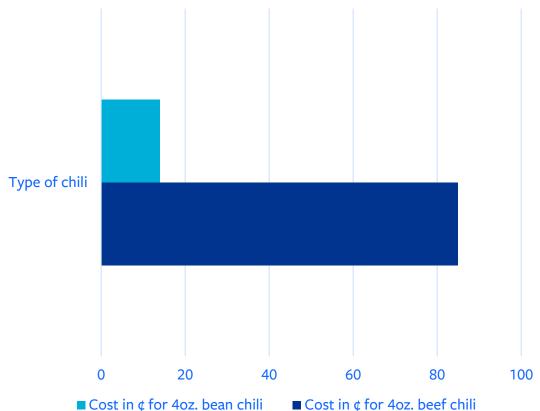
- Cost in ¢ for Mediterranean flatbread slice
- Cost in ¢ of cheese flatbread slice

Flatbread

 By choosing a plant-based Mediterranean flatbread instead of a cheese flatbread, you can save 30¢ per piece!



Chili Cost Savings



Chili

By choosing beans instead of beef, you can save 71¢ per 4oz. serving!

